



NLUM/ESTT/NLU/91/2024/1179

Dated: 19<sup>th</sup> September 2024

**Notice**

This is for information of all, that National Law University of Meghalaya in collaboration with Regional Blood Centre, Pasteur Institute, will organise a "**Voluntary Blood Donation Camp**" in the University Campus on the 25<sup>th</sup> of September 2024 from 09:00 a.m onwards.

The camp is being organised to fulfill the clinical requirements of blood and to ensure safe and adequate supply of blood and blood products in the Regional Blood Centre, Pasteur Institute which caters to all private and public hospitals in and around Shillong.

The criteria for those who are willing to volunteer to donate blood for this cause are listed below:-

1. Should not take antibiotics within two weeks.
2. Should be free from common cold or any symptoms suggesting of COVID-19.
3. Should have had a proper sleep of 7-8 Hours (Sleep Before 12 Midnight).
4. Should have had a full meal within 3 hours before blood donation.
5. Should properly hydrate before Blood Donation.
6. NO heavy work post donation for 24 Hours.
7. Should not take alcohol 1 day prior to donation.
8. Last donation (if any) of not less than 3 Months.
9. Should be after 1 year of last dose of anti-rabies vaccination.
10. Should be more than 12 months after delivery, if any (for female doners).
11. Should be more than 6 months after abortion, if any (for female doners).
12. Should not be during period of lactation (for female doners).
13. Should not be on menstruation (for female doners).
14. Weight should be more than 45 Kgs.

All are requested to come forward and volunteer for this cause.

Registrar

National Law University of Meghalaya

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**Copy to:**

1. Sect to VC , National Law University of Meghalaya for information.
2. All Staff, Faculty, Students, National Law University of Meghalaya for information and necessary action
3. Office Copy

Registrar

National Law University of Meghalaya